



MISSION STATEMENT

People & Animal Learning Services, Inc. (PALS) is dedicated to providing high-quality, safe, educational, and fun therapeutic horseback riding, animal care and pet encounter therapy to children and adults with physical, learning, cognitive or emotional disabilities. PALS focuses on ability rather than disability.

WHO RIDES

- Therapeutic riding lessons are for persons at least four years of age with disabilities, as well as at-risk youth.
- Recreational riding lessons are available for siblings, families, community members and volunteers.

QUICK FACTS

- PALS is a 501(c)3 nonprofit organization that offers Equine Assisted Activities (EAA) to individuals with special needs.
- EAA can relax spastic muscles, decrease or increase muscle tone, increase strength, stimulate joint and muscle function, elevate cardiovascular and pulmonary output, increase self-esteem and confidence, enhance memory and communication skills, and build positive relationships with people and animals.
- Established in July of 2000, PALS is the only nonprofit EAA program in the greater Bloomington, Indiana, area.
- Since 2000, PALS has provided 12,100+ high-quality therapeutic riding lessons, improving the lives of hundreds.
- In 2010 alone, PALS will provide over 1,800 therapeutic riding lessons.
- PALS is the only NARHA Premier Accredited Center in the greater Bloomington, Indiana, region.
- All riding instructors are NARHA Certified in riding techniques, safety, first aid and CPR.
- PALS has 150 weekly volunteers and 11 horses.
- 2010 budget = \$177,567 (85% for program services, 15% for supporting services)

VOLUNTEER & ACADEMIC OPPORTUNITIES

- Volunteering duties at PALS include being horse leaders, side walkers, or stable managers, and barn maintenance, fundraising, event planning and public relations.
- Internships and service-learning programs are available.
- A 3-credit-hour undergraduate course at Indiana University, Bloomington, is also offered: R250, Introduction to Equine Assisted Activities.

Questions?

Or if you wish to learn more, contact PALS at:

812.336.2798 office ~ 812.824.3000 barn ~ 866.800.2965 fax
www.palstherapy.org ~ pals@indiana.edu

Mailing address: PO Box 1033, Bloomington, IN 47402

Barn Location: 680 West That Rd., Bloomington, IN 47403

