

## HeraldTimesOnline.com

### Make PALS Fun Show a fall tradition

---

By Kristen Brodt  
September 20, 2010

---

Special to the H-T

Autumn is a season full of traditions: football games, pumpkin carving and admiring the colorful leaves.

However, one tradition that few know of is the Annual PALS Fun Show.

This is a free horse show that showcases the riding students of People and Learning Services Inc.

PALS is a nonprofit equine-assisted program providing therapeutic riding for people with disabilities and at-risk youth. It is the only NARHA Premier Accredited Center in the Bloomington area and is a United Way of Monroe County Certified Member Agency.

PALS' services contribute physical and mental benefits to riders, such as improved circulation, balance, coordination, self-confidence and mental relaxation.

When reflecting upon past shows, head riding instructor Jennifer Lung describes the show as the highlight of the year for the riders. "They are very excited to show off their skills, and are ecstatic to receive their ribbons and trophies. To our riders it is the best thing in the world," says Lung. "The Fun Show gives them a special and unique sense of accomplishment they otherwise may not get. It really boosts their self-confidence."

This fall, why not begin a new tradition? Come to the 10th Annual Fun Show to support the riders with your presence and cheers.

The show will be 10:30 a.m.-5:30 p.m. Oct. 9 at Ellington Stables, 680 W. That Road.

Everyone is encouraged to attend, and admission is free. Door prizes will be awarded, and concessions will be available for purchase compliments of Trojan Horse from 11 a.m. to 3 p.m.

A special thank you to our event sponsors: Bloomington Bone & Joint Clinic, Orthopedics of Southern Indiana, Crowder's Healthcare Pharmacy, J&L Fasteners, Trojan Horse, Awards Center, WFIU, and B97 and Hoosier Country 105.

For information, visit [www.palstherapy.org](http://www.palstherapy.org), e-mail [pals@indiana.edu](mailto:pals@indiana.edu) or call 336-2798.

*Kristen Brodt is a PALS volunteer.*

---

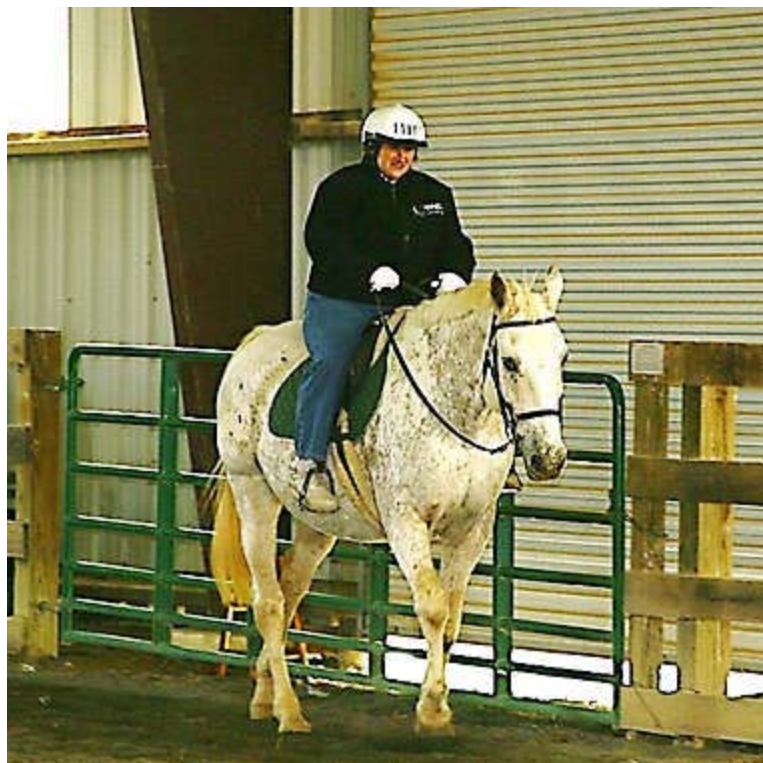
If you go

**WHAT:** PALS Fun Show

**WHEN:** 10:30 a.m.-5:30 p.m. Oct. 9

**WHERE:** Ellington Stables, 680 W. That Road

**MORE:** The show is free. Concessions from Trojan Horse will be available 11 a.m.-3 p.m. For information, visit [www.palstherapy.org](http://www.palstherapy.org), e-mail [pals@indiana.edu](mailto:pals@indiana.edu) or call 336-2798.



Courtesy photo Melinda, on Fergie, practices for the PALS Fun Show.

*Copyright: HeraldTimesOnline.com 2010*